

ABOUT GDMH

Introduction

The Graduate Diploma in Mental Health (GDMH), offered by the Division of Graduate Medical Studies (DGMS), National University of Singapore (NUS) in conjunction with the Institute of Mental Health (IMH), aims to increase the capability of general practitioners (GPs) in mental healthcare by training them appropriately and adequately for the role.

Eligibility

The admission requirements to the graduate diploma are:

1. a recognised basic medical degree qualification;
2. GPs who have completed housemanship or non-traditional source medical officers; and
3. GPs with an interest in Mental Health, including GPs on the Mental Health-GP Partnership Programme

Course Overview

The course comprises 6 modules, with each module spanning a 2-month duration:

MODULE 1 : Introduction to Psychiatry

MODULE 2 : Psychosis

MODULE 3 : Mood, Anxiety and Grief

MODULE 4 : Addiction / Personality Disorders

MODULE 5 : Child and Adolescent Mental Health including Learning Disabilities

MODULE 6 : Psychogeriatrics

The course syllabus will be covered by lectures, reading materials, video and live supervision, journal discussion, case vignettes, clinical attachment and/or self-study. Clinical attachment will be available with close supervision and guidance from IMH doctors. GPs who have completed **Introductory Training to GPs** conducted by IMH in the past 3 years may qualify for exemption under Module 1 upon clearance of a written test.